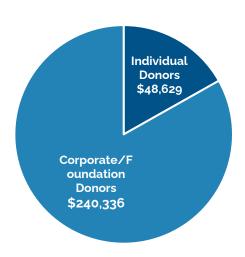


## **Agency Operations**

#### **Fundraising Revenue**

October 2021 - Present



CMCA has raised **over \$288.965** this fiscal year, including funds from smaller grants, individual donors, event sponsorships and tickets, and monthly donations. This is 42% above our fundraising amount for this time last year.

This total includes over \$2,250 donated by CMCA board members. In fact, **50% of board members** reported supporting CMCA financially. Thanks for your support!

This total also includes **over \$45,000** raised through events & fundraising campaigns! Our most recent event, Bingo for Babies, supports the Women's & Infant's Relief Fund, while the Harlem Wizards basketball game supported housing efforts in Jefferson City.

Bingo for Babies \$10,030 Harlem Wizards \$16,356 ComoGives \$18,625

### Agency Fiscal Health

March 2022



The cash ratio equals cash in bank divided by total current liabilities. For strong fiscal health, the cash ratio should be above 0.50.



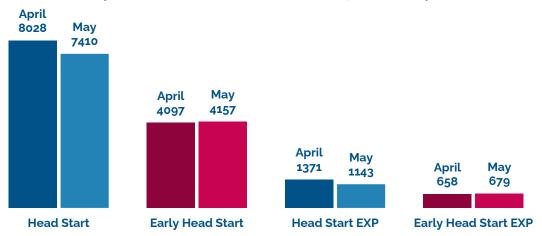
The current ratio equals total current assets divided by total current liabilities. For strong fiscal health, the current ratio should be above 1.25.



## **Agency Operations**

#### **Meals Served**

(Determines CACFP Reimbursement)



### Head Start Site Monitoring Compliance

### Head Start Quarterly Content Monitoring Compliance





Quarterly content monitoring was incomplete for several content areas due to the need to prioritize site staffing so that centers could remain open as well as preparation for the upcoming federal review and annual self-assessment.

### **Monitoring Reviews**



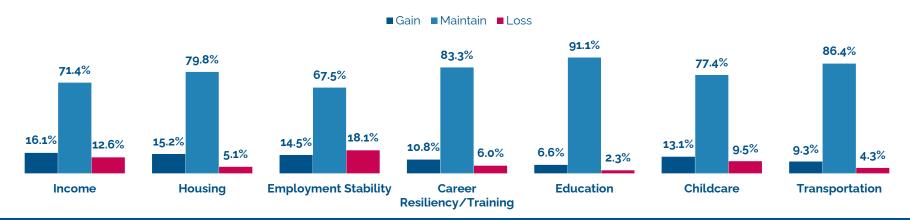
Rarely does a month go by that CMCA isn't being monitored by one of our program funders. This accountability is one of the reasons we can be so confident about how we use the resources entrusted to us.

In June, our Head Start program, our CSBG grant, and our LIHEAP program will all be monitored for program compliance. We feel confident that we can show our funders that the work we do matters and that we take responsibility for the outcomes we achieve.

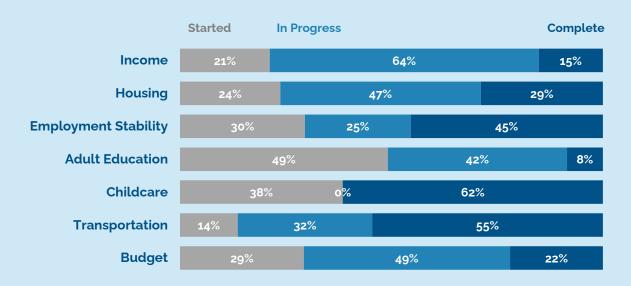
We are so grateful for our staff. Community action work is hard and rewarding work, and we appreciate the effort it takes on a daily basis to live out our mission.

#### Family Progress Toward Economic Self-Sufficiency

(Families with Two Assessments)



### Family Goals Related to Economic Stability



Family progress toward self-sufficiency and family goal completion status were analyzed during the Head Start self-assessment process. Families who set longer-term goals such as housing, income, budgeting, and adult education were more likely to still be working towards their goals at the time of the "post" family assessment.

Families with shorter-term goals such as employment stability, transportation, and childcare were more likely to complete their goals.

The majority of families who set goals relating to adult education also experienced crises related to food, clothing, housing, health, income, and/or employment. In many cases, families focused on strengthening these areas before pursuing their longer-term goal of adult education.



### **Employment & Financial Coaching Outcomes**

October 2021 - Present















Small business
Capital Infusions
Oct 21 - Present





### **FOC Success Story**



Glennette came to Central Missouri Community Action for help with her rent. Her expenses far outweighed her income, and she frequently overdrew from her account. She had a payday loan on top of that. One topic discussed was finding a way for her to increase her income and possibly find a better paying job. Glennette was terrified at the prospect of changing jobs. She has struggled with anxiety and really wanted to continue working from home.

While working with Glennette, we used the NorthStar Digital Literacy courses to help her gain confidence when applying for higher-paying positions. She hadn't taken a computer class in a long time. Glennette adopted new budgeting skills and is no longer overdrawing her account. She began job searching and received several job offers. She accepted a new position and increased her salary by \$4 an hour. She reports that she is enjoying her new job and can work from home the majority of the time.

However, because of the raise in pay, Glennette was no longer SNAP eligible after starting her new job, so we planned for that and discussed how to budget during the job transition because the new paycheck wouldn't start for a few weeks. To assist her during that transition, we also connected her with outside resources to cover non-food related household expenses.

Now that her budget has stabilized, we plan to work with an outside organization to refinance her payday loan at a much lower interest rate. Her goal is to pay off the loan within the year. She was also connected to a Healthcare Advocate at CMCA to apply for Medicaid expansion because she was uninsured. To date, Glennette has increased her monthly net income by \$347.34 per month and has had zero overdraft fees since July 2021. Her credit score rose 44 points in only six months. Congratulations, Glennette!

~ Helping people. Changing lives. ~



### **Education & Training**

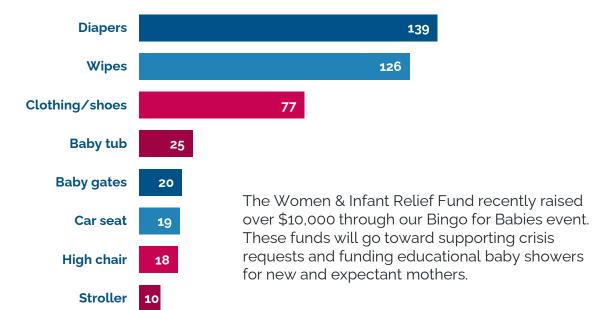
CMCA coaches supported three people in completing vocational/occupational skills training, as well as one person in completing their high school diploma/GED, and one in completing their college degree.

Eligible members may qualify to have training expenses paid through the SkillUp program. Since June 2021, SkillUp assisted 5 members with training costs, and our goal is to double that number this year. SkillUP currently has 20 active enrollments, with 8 enrollments in May.



#### **WIRF Resources Distributed**

October 2021 - Present



## SAFHR Housing Stability & Eviction Diversion



CMCA was awarded funding through the MHDC SAFHR Housing Stability and Eviction Diversion (HSED) program in mid-May. These funds will support ongoing Resource Coordination and will be used to assist families at risk of eviction and housing instability.

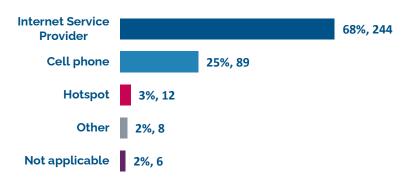
The program assists members with rental arrears as well as future rent payments up to three months. In May, we assisted 16 new families with accessing these housing benefits while supporting them with a bundled services approach.



# Spotlight On: Digital Navigation

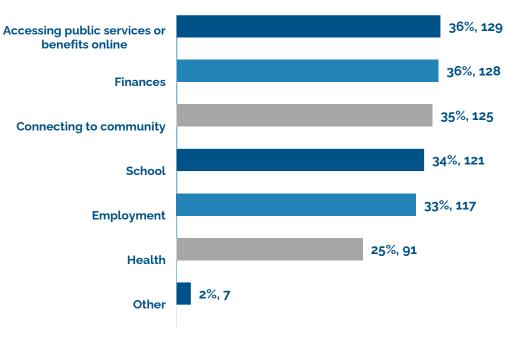
CMCA provides digital navigation and access services. As of mid-April 2022, we completed digital intakes on 395 members. During intake, members were asked about their devices, access to broadband internet, and their digital skills and interests. CMCA staff followed up with individual members to connect them with resources and to provide training.

### How do you usually access the internet at home?



As a result of digital navigation services, 30 families received laptops to assist them with work, school, online health care, and other activities. One member was able to complete digital literacy courses and gained enough confidence to apply for a new job and increase her salary by \$4 an hour. Another Women's Business Center client was able to take her business out of her home.

### What activities are you interested in doing online?

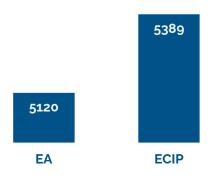


CMCA's digital navigation program has been so successful, we have been asked to help support a new cohort of other digital navigation programs across the country. In addition, we've been contacted by Microsoft about our member's experiences with broadband internet. CMCA is exploring further community action involvement at the state and local level with broadband infrastructure legislation.



#### Households Receiving Energy Assistance

October 2021-Present





CMCA would like to welcome Taylor Williams as our new Energy Program Manger!



CMCA processed over 5,380 Winter ECIP applications between November and May. Summer ECIP applications will begin June 1. Summer ECIP amounts are capped at \$1,200.

### Households Receiving Water/Sewer Assistance

February 2022 - Present

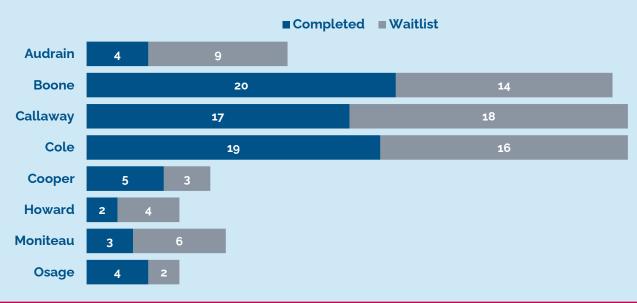


#### **Weatherized Homes**

October 2021 - Present

CMCA's Weatherization Program received additional funds from the Dept. of Natural Resources to help the state expend the remaining amount of LIHEAP-21 from last year's allocation. These additional funds have been fully expended.

Weatherization is preparing for our annual contractor bidding. We hope to re-sign with our current HVAC and Weatherization contractors, as well as possibly adding new contractors to our pool.









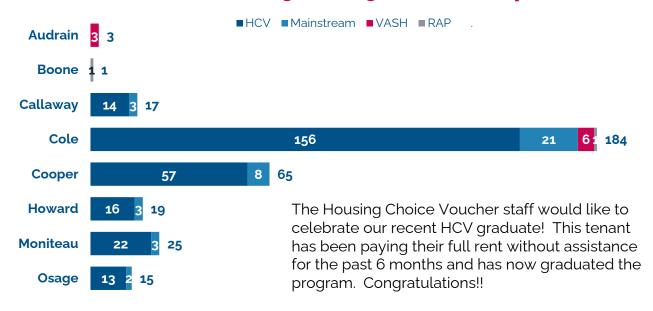


40

#### **Outstanding Vouchers**

Includes 26 households who are unhoused and 14 who are presently housed

#### **Households Receiving Housing Assistance Payments**



# Boone County Upward Mobility



Boone County was one of eight counties in the nation selected by the Urban Institute to create a Mobility Action Plan that supports residents in moving out of poverty. CMCA acted as the county's contracted Results Based Accountability consultant, implementing a community-based approach to data-based planning and decision-making.

Together with stakeholder facilitators, Boone County & CMCA led three community workgroups through the development of mobility action plans focusing on housing, early grade literacy, and jobs/workforce development.

In June, the mobility action plans were presented to the Urban Institute in Washington, D.C., followed by a community launch event. CMCA remains involved moving into the implementation phase.



### **Strengthening Communities**



### **Audrain County**

The Mexico Community Health Ministry Team donated backpacks and school supplies to Head Start preschool graduates.

CMCA assisted with the distribution and coordination of Up-Life Mid-Mo's response to assist former Noble Hospital employees by connecting them with resources.



### **Boone County**

CMCA participates in the planning and facilitation of Project Home. We are currently looking for licensed hair stylists and other service providers willing to volunteer for this event.



### **Callaway County**

Welcome to our new Resource Coordinator, Wanda Cowans! She is very passionate about the work we do at CMCA and looks forward to helping families in Callaway County.



### **Cole County**

CMCA led the community in establishing Housing the Community Jefferson City (HCJC) as a new 503(c). Project Homeless Connect and JC Room at the Inn will fall under the new non-profit.



### **Cooper & Howard Counties**

Plans are ongoing for the upcoming Boonslick Expo. Check out the updated website at www.boonslickexpo.com! Registrations will be accepted soon.

The Basic Needs Community Action Team distributed 100 backpacks of supplies to homeless students.



### **Moniteau & Osage Counties**

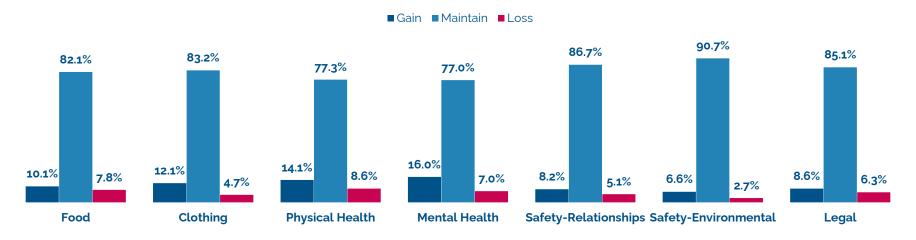
Jamestown High School hosted a REALL simulation for their students in  $10^{th}$  –  $12^{th}$  grades.

A ribbon cutting was held May 11<sup>th</sup> to open the little libraries to the public. While 5 little libraries were originally created by California High School art students, there was so much interest that 6 more little libraries were created. The libraries will be maintained by local groups.

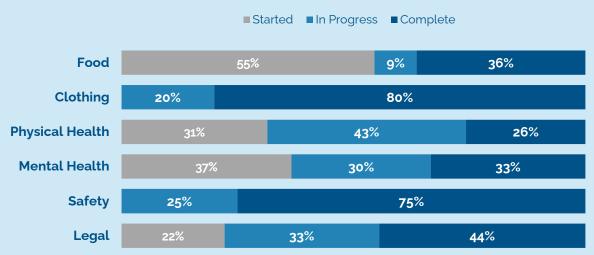
Osage High School partnered with CMCA to offer a professional development day for the 7<sup>th</sup>-12<sup>th</sup> grade students. The sessions focused on life skills such as basic banking, fire safety, first aid, car maintenance, healthy meal prep, and self-defense.

### Family Progress Toward Self-Sufficiency in Family Well-Being

(Families with Two Assessments)



### Family Goals Relating to Family Well-Being



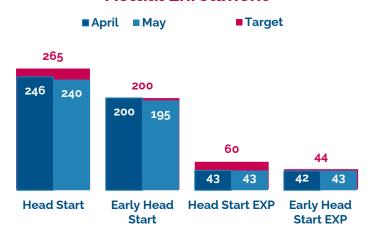
Family progress toward self-sufficiency and family goal completion status were analyzed during the Head Start self-assessment process. Families with goals related to immediate needs such as clothing and safety were more likely to complete their goals.

Families with goals related to food were more likely to show losses in income, employment stability, education, child care and housing, indicating this subset of ten families experienced significant challenges meeting their basic needs.



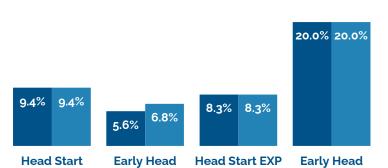
### **Head Start Enrollment & Attendance**

#### **Actual Enrollment**



#### **Disabilities Enrollment**

■ April ■ May



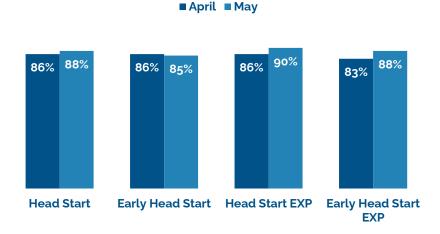
**Start EXP** 

**Start** 

#### **Income Eligible Enrollment**



#### **Average Daily Attendance**





### Health & Wellness

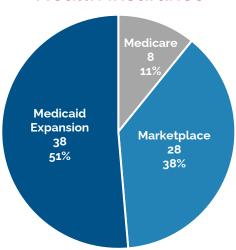
May 2022







### People Obtaining Health Insurance

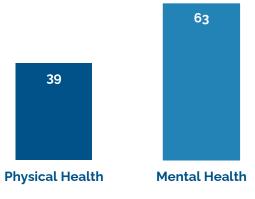


Did you know? Seniors who participate in programs such as Foster Grandparents and the Retired Senior Volunteer Program show improved physical and mental health and report feeling more connected to their communities.

The RSVP Advisory Board will be involved in the Boonville Heritage Days celebration June 22-25<sup>th</sup>. We will host Cow Pie Bingo and sell hot dogs during this one-of-a-kind recruitment opportunity.

### Adults with Improved Physical or Mental Health

October 2021 - Present





You know it's May when Head Start graduations have started! Some of the Head Start preschool locations close for the summer. Park preschool, CELN, Glasgow, Community R-6, and Linn all close for the summer.

Summer is a big recruitment push for both Head Start and BRIDGE, so please encourage families to apply! We are hosting a Community Action Celebration at the Splash Park and are attending Kids Fest in Jefferson City and Callaway County.

In June, BRIDGE is hoping to finally have its first in-person event in a few years. We are partnering with the Columbia Center for Urban Agriculture to teach families about gardening.

We'd also like to welcome our new Family Success Coaches at Park and Bear Creek!

**1,216** Hours of **Family Coaching** BRIDGE & Head Start May 2022



#### **Classroom Mental Health Supports**



### **Classroom Snapshot**

March 2022



**Behavior Reports** for Classroom Behaviors





**Hours of Staff Coaching** on Education &

Mental Health







### **Social Connections**

### **Success Story**



"This has been such an incredible experience for me. I can't tell you how much it has helped me deal with the situations that have been taking place in my life.

I am using the communication techniques with my daughter and that has had really positive results too. I am still struggling with co-parenting with my ex but I feel that in the future, what I've learned here will help with that as well.

I also feel that the sense of community that this class gave me has really boosted my confidence. Thank you for doing such a great job and really caring about us!"

~ a SMHR Participant

### **Building Healthy Relationships**

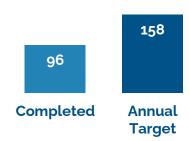
Nearly 100 single adults have completed classes through CMCA's ShowMe Healthy Relationships Program (SMHR). CMCA is one of four agencies offering SMHR classes in the state of Missouri, and our program currently accounts for 45% of enrollees program wide. In May, SMHR exceeded their year-to-date enrollment goal, and they have nearly met their enrollment goal for the entire year! To date, 1,536 hours of training curricula have been provided. The SMHR team has been recruiting heavily, as well as participating in community activities, including Rock the Community Food Pantry, the Heroes for Hope Picnic, and the Family Fun Fest.

#### **Enrollment Target**



#### Annual Target

#### **Completion Target**





"This has been such an incredible experience for me. I can't tell you how much it has helped me deal with the situations that have been taking place in my life."

- SMHR Participant



### **Social Connections**



# Volunteer of the Year Michael Pryor

At CMCA, we know that our work wouldn't be possible without the support of volunteers and community partners.

We are pleased to announce that this year's Volunteer of the Year is Michael Pryor. Mr. Pryor has been a Foster Grandparent volunteer for many years, working with students at local schools. He also assists with Boone County Poverty Simulations and is an active member of CMCA's Board of Directors. We thank Mr. Pryor for his years of dedication and service!

# Partner of the Year First United Methodist Church of Jefferson City

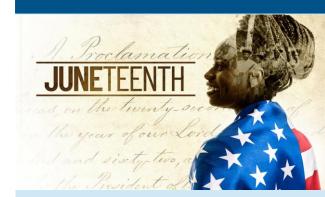
We are also incredibly thankful for this year's Partner of the Year, the First United Methodist Church (FUMC) of Jefferson City.

The FUMC has supported every project that Community Organizer Stefani Thompson has presented to the community and never hesitates to offer space of training events or meetings.

The church, staff, and congregation are active in the community, supporting the homeless population, families in crisis, and CMCA's special events. We are grateful for your partnership!



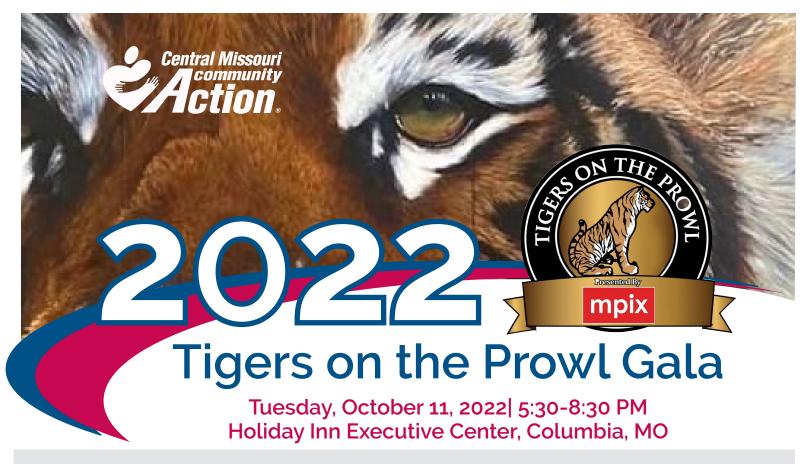
### Juneteenth



CMCA will be closed Monday, June 20<sup>th</sup> in honor of Juneteenth. Juneteenth symbolizes FREEDOM and the end of slavery in 1865. It serves as a reminder of the triumph of the human spirit over the cruelty of slavery and represents a legacy of perseverance.

Several local communities are planning Juneteenth events to celebrate this historic American holiday.

CMCA will be at the Juneteenth Jamboree at Cosmo Park on June 15<sup>th</sup> from 6-8pm. We hope to see you there!



### WHAT IS TIGERS ON THE PROWL?

Tigers on the Prowl is a collaborative fundraiser benefiting six non-profits in mid-Missouri. As part of the event, nationally recognized artists create and donate unique pieces auctioned to benefit participating charities. The gala brings together artists, non-profits, and community members to celebrate and support the work of participating non-profits and artists.

CMCA is one of seven non-profits benefiting from the 2022 Tigers on the Prowl event. All proceeds from table sales and sponsorships secured by CMCA will directly benefit CMCA. Your sponsorship of this event or purchase of a table supports the Promise of Community Action - to change people's lives, embody the spirit of hope, improve communities, and make America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.



#### **Build Family Well-Being**

CMCA provides programs centered on health and wellness, cognitive development and parenting skills.



#### **Build Social Connections**

CMCA provides programs centered on leadership development, relationship skills, civic engagement, and community involvement.



### **Build Economic Stability**

CMCA provides programs centered on employment, safe and stable housing, education and income, and asset building.

Tickets are \$100 per person or \$900 for a table of 10. Tables of 10 receive a logo on marketing materials and in the event program. All attendees enjoy dinner, drinks, and activities.

Please get in touch with Cheryl Unterschutz at cherylu@cmca.us or by calling 573.443.8706 to learn more! Visit www.cmca.us to learn more about CMCA!



## **Sponsorship Opportunities**



## Almost Sold Out!

How does money get allocated to charities?	\$50-\$60 per ticket to selling charity
We'll do our best to promote your business in these ways.	Table Sponsor \$900 - 10 seats
Logo included on TOTP website and social media & CMCA social media and website.	Yes
Logo placement in program and recognition from the stage at the event.	Yes
Table for 10 at Dinner and Auction.	Yes

### Yes! I want to Sponsor CMCA at Tigers on the Prowl 2022! Business Name: \_\_\_\_\_\_ Business Phone: \_\_\_\_\_

Business Address: \_\_\_

Email: \_\_\_\_\_\_ Email: \_\_\_\_\_ Contact Person's Name:

Sponsorship Level:

Please complete this form and return with a check for the amount of your sponsorship made out to Central Missouri Community Action and mail to 807 N. Providence Rd. Columbia, MO 65203 or email cherylu@cmca.us.