

CMCA Employee of the Month



Congratulations to Patty Voshell, WFSC Site Director on being selected as our July Employee of the Month! Patty was nominated by three people, and they had this to say about her:

"Patty keeps the Center running no matter what. There are many, many days when she has to do the work of others due to call-ins and cannot get her own work done during the day. She is ALWAYS willing to help out if you need it and goes above and beyond to do so. She makes due with the help she has and together we make it work with Patty in the lead.

Recently, due to our cook's illness, Patty was cooking every day for a few weeks. Cooking and snacks daily and going to the store when necessary, etc. No matter what, she is always down in the trenches with her employees. She is one of the hardest working, most diligent people I have ever known. She is amazing. I admire her very much. Her work ethic is like no other.

Patty is always there to pick up where she is needed. She is a cook, a cleaner, a nurse, a launderer, a gardener, a teacher, an aid, and so much more. She enters the room saying, "What do you need me to do?" As our fearless leader, she makes sure to connect with each of us on a daily basis. When others walk past an unwanted job, she jumps in to do it. Our site would never be half as good as it is without her. Patty has a great attitude and does her job well."

Congratulations, Patty! CMCA is a better place because of you!

Missouri Community Action Conference



CMCA staff attended the Missouri Community Action Network Annual Conference in St. Charles. CMCA staff networked with state and national leaders who gathered to show their support of community action.

Staff attended sessions about the social determinants of health, housing data, and Results Based Accountability. Attendees also learned about identifying bias, practicing mindfulness, and tips for self-care.

Agency Employment & Financial Coaching Outcomes

October 2022 - Present



19

Adults & youth
Placed in Jobs



10

People who met a
**90 Day Employment
Benchmark**



17

People with
**Increased
Net Worth**



6

People with
**Improved Credit
Scores***



9

People with
Increased Savings



4

People with
Reduced Debt



21

New Businesses
Started



\$1.28M



Small business
Capital Infusions



23

New Jobs Created
through small business

* Credit scores can be retrieved every 6 months.



Economic Stability

Kauffman Foundation Leadership Lab

Executive Director Darin Preis and Missouri Women's Business Center Director Jayme Prenger were invited to join the inaugural Kauffman Foundation Leadership Lab for Entrepreneur Supporting Organizations (ESOs).

This year-long cohort is charged with facilitating the co-creation and innovation of entrepreneurship support to small business owners in Missouri and Kansas. We are proud to be one of ten prestigious entrepreneurial organizations in the state selected to participate in this opportunity.

Financial Education

Financial Opportunity Center Coaches hosted a virtual class titled "Stretching Your Food Dollars." The class was promoted by our partners, resulting in 63 registrations and 26 attended. We are exploring options that will allow us to host a second class. The FOC and WBC partnered to present a Credit Awareness Class for small business owners. This class walked through personal credit and business credit as well as myths and obstacles to avoid. Additional financial workshops are planned for various partners throughout the community, including the Boonslick Heartland YMCA, Burrell Behavioral Health, Stonebridge House, and Central Missouri Foster Care & Adoption.

Be on the lookout for our new podcast, "Financially Fit with FOC." The new podcast will provide easy-to-digest financial education for the public. The first edition of the Employment & Training Newsletter will come out in September, and will feature information on the SkillUP and FOC programs, as well as financial tips and tricks and information about upcoming CMCA events.



The Shops at Sharp End



CMCA was awarded \$397,821 to support the establishment of a brick-and-mortar retail incubator with our Women's Business Center. Boone County awarded funds to support this initiative through September 2026. Our partners include REDI (providing the space and retail displays) and the Downtown Community Improvement District (The District) that will be providing marketing and promotions.

The retail incubator will be located in The Shops at Sharp End, a historically black business district in downtown Columbia that was later destroyed by the urban renewal movement. It will open late 2024 and will provide a physical store front for black, minority, and female entrepreneurs to offer their products, test the market, and receive formal retail training.

Capital Hill Day

In July Women's Business Centers from across the country gathered for the national conference hosted in Washington D.C. The annual conference provides updates from the SBA and allows WBC's an opportunity to share best practices. This year was exceptionally exciting for the attendees, as they were able to sit in on a special Senate Hearing on Women's Entrepreneurship. The four women business owners who testified during the hearing shared their experiences at their WBC, the support they received and how the center was pivotal in their success. We are fortunate to have four WBC's that serve clients in Missouri and we look forward to joining forces in the future to represent all Women Entrepreneurs in Missouri!



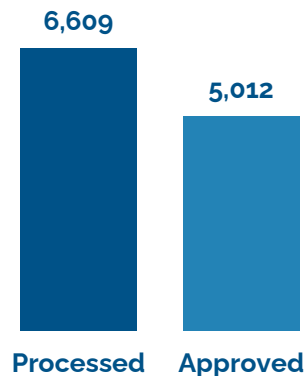
Pictured from left to right: Brande Stitt, Program Director, Kansas City Women's Business Center, Tyler Joy, Director, Urban League of Metropolitan St. Louis Inc. Women's Business Center, Judy Bumpus, Director of Client Services, Kansas City Women's Business Center, Tiffany Frost, Business Services Director/WBC Director, New Growth Women's Business Center and Jayme Prenger, Director, Missouri Women's Business Center.



Economic Stability

Total Energy Assistance Applications Processed (EA)

October 2022 - Present

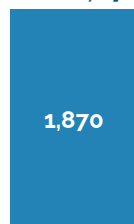


Households Receiving Crisis Energy Assistance (ECIP)

October 2022-Present

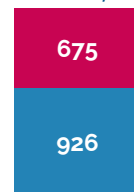
■ Paid ■ Obligated

Total 1,870



Winter

Total 1,601



Summer

Households Receiving Water/Sewer Assistance

October 2022 - Present



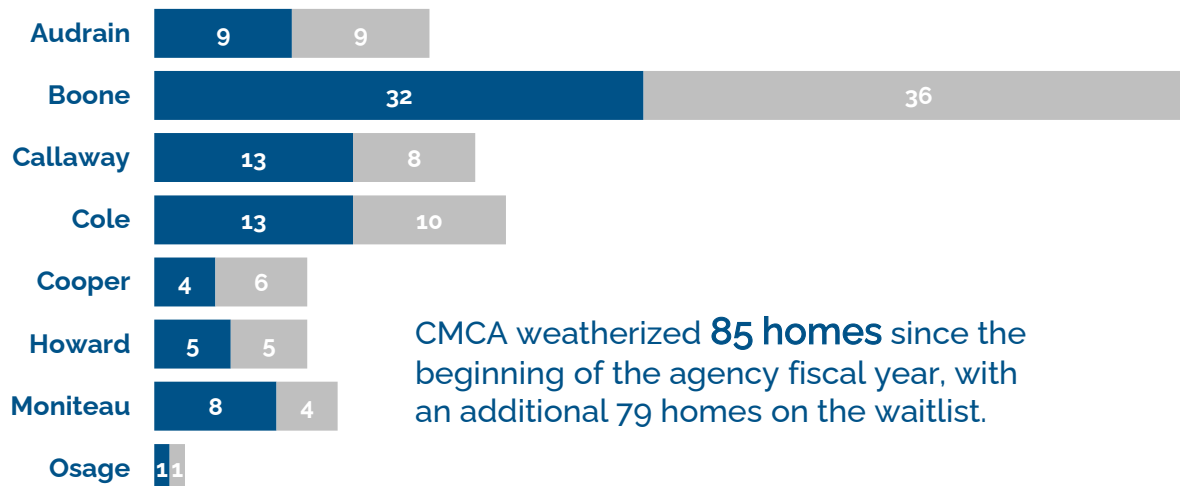
\$7,634

Average invested in each
Weatherized Home
October 2022 - Present

Weatherized Homes

October 2022 - Present

■ Homes Completed ■ Waitlist



CMCA weatherized **85 homes** since the beginning of the agency fiscal year, with an additional 79 homes on the waitlist.

Economic Stability



6 Tenants Paying Full Rent
Will graduate HCV after six months of paying full rent

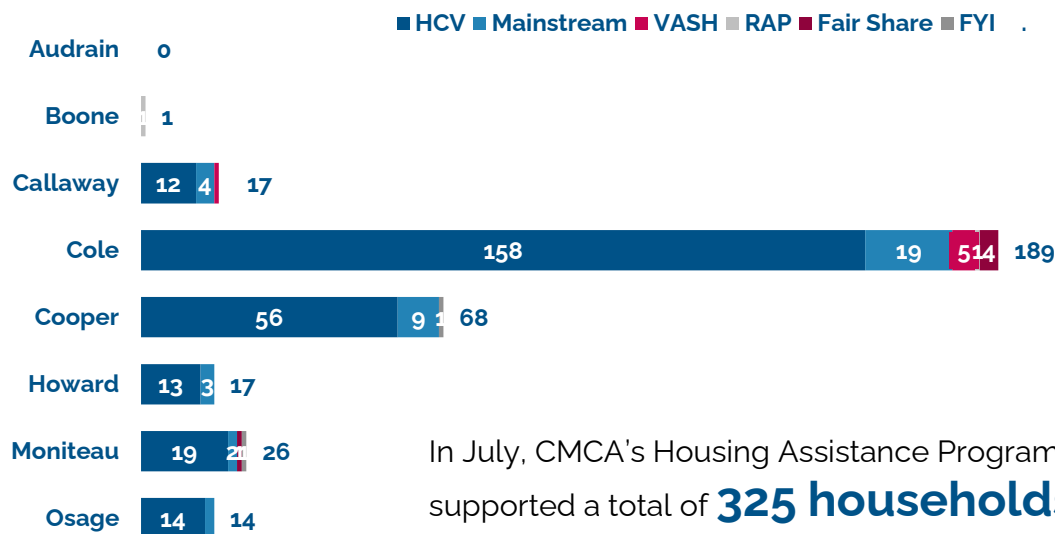


133 Households on HCV Waitlist
Housing Choice Voucher



51 Outstanding Housing Vouchers
Includes **40** households who are unhoused and **11** who are presently housed

Households Receiving Housing Assistance Payments



In July, CMCA's Housing Assistance Program supported a total of **325 households**.

Notice of Public Hearing

CMCA's Housing Choice Voucher program has released a Notice of Public Hearing regarding the Administrative Plan. The public comment period will be open July 26, 2023 through September 9, 2023. Administrative Plans may be reviewed and commented on Monday – Friday, 9am-4pm at the following locations during the review period:

Boone County

- Mid-Missouri PHA office
800 N. Providence Columbia, MO 65201
- Central Missouri Community Action
Administrative Offices – 807 N. Providence, Columbia

Callaway County

- 610 Collier Lane, Fulton

Cole County

- 1109 Southwest Blvd, Jefferson City

Cooper & Howard Counties

- 345 Ashley Road, Boonville

Moniteau County

- 104 N Gerhart Road, California MO
(Monday, Wednesday, & Thursday)

Osage County

- 305 E. Main Street, Linn
(Tuesday & Thursday)

Strengthening Communities



Audrain County

CMCA participates in several workgroups that are continuing to explore transportation options in Audrain County.



Boone County

CMCA participated in Project Homeless Connect and the VAC Back to School Bash. We also partnered with Columbia Public Schools to host a poverty simulation for teaching staff.

We are actively participating in a strategic planning workshop for Unity in the Community, a minority-led initiative to end community violence in Columbia.



Cole County

The day center for homeless people in Jefferson City has been named. Open Doors is still working on a permanent location and is exploring several prospects.

One unhoused member was finally able to find market rate housing and get off the streets. Volunteers helped furnish her apartment, and we are so excited for her.



Callaway County

The Callaway Safe & Affordable Housing Taskforce met with Ben Burgett, CMCA Housing Development Director to discuss a demo project in the City of Fulton, the Housing Needs Assessment & obtaining ARPA funding.

Seven students in the Short Term Occupational Training program completed classroom training in July. These students received 100% tuition assistance via SkillUP, WIOA, and FOC programs. Once the students complete their clinical hours, they can test for the CDA exam.



Strengthening Communities



Cooper & Howard Counties

CMCA received \$6,000 in funding from the City of Boonville CIP Tax Funding to launch a vehicle maintenance program for city residents using city auto repair and parts shops. Qualifying members are working households at 200% FPL and funding up to \$400 is available for specific maintenance & repair services. We will host a car care clinic in the fall in partnership with the Impact Activity Center, and the Vehicle Maintenance Program will launch in August.

CMCA distributed 24 window air conditioning units to families as part of the Ameren Missouri CommunitySavers grant program.

The Boonslick Education & Employment Expo will be held October 12th at the Isle of Capri Casino. The steering committee developed a new media plan for the expo using traditional advertisement as well as targeted Google ads.



Moniteau & Osage Counties

CMCA participated in a Back to School drive thru fair which served 480 school-aged children in Moniteau County.

Moniteau County Healthy Lifestyles has 5 students that attended camp in Jefferson City to learn a skit to present to their schools about being drug free. They will perform in October during Red Ribbon Week in Moniteau County Schools.

A Taste of Osage will be held September 10th. Over 40 vendors have registered on the event, which will focus on Osage County small businesses.



*Right: Moniteau County
Back to School Bash*



Family Well-Being

Early Childhood Program Updates

We FINALLY got approval for our building project in Warsaw! We are now working out details for purchase and construction and beginning the process of hiring and training new staff.

CMCA was selected to participate in a mandatory Improper Payment Study through the Office of Management & Budgets. We were able to provide all the necessary information and documentation.

We have been able to fill the newly created position of Applications Processor. This position will be a significant step in our program's Eligibility, Recruitment, Selection, Enrollment & Attendance (ERSEA) process.

The Head Start administrative team has been busy this summer preparing staff trainings and updating policies and procedures for the new year. All sites were closed in early August for staff pre-service training on all the program updates.

Administrators also worked to complete our annual Program Information Report (PIR). This report goes to Congress and shows the work that we do at the program level. The accounting team finished closing out the fiscal year for the 8-county service area, and all required reports were submitted. We will not turn our attention to closing out the 3-county area fiscal year.

BRIDGE hosted annual professional development training for contracted public school teachers. Teachers were able to learn about poverty, social-emotional learning, understanding emotions, health and nutrition, and self-care/self-compassion. BRIDGE also welcomed three new Family Success Coaches to the team. We are so very pleased to introduce Madeline Wilson, Janylah Thomas, and Aaliyah Williams!



Family Well-Being

Head Start Enrollment & Attendance June & July

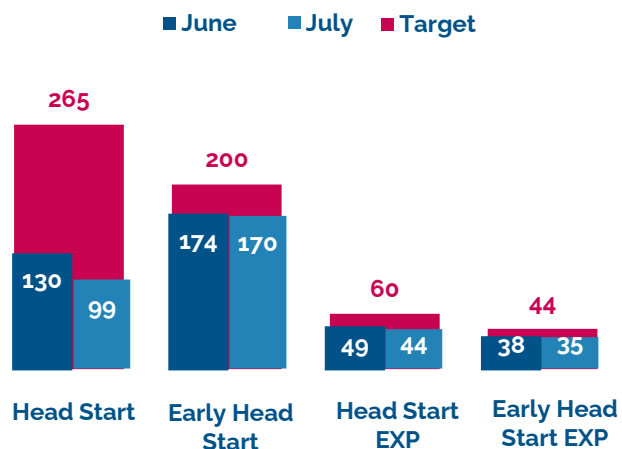


7 classroom closures

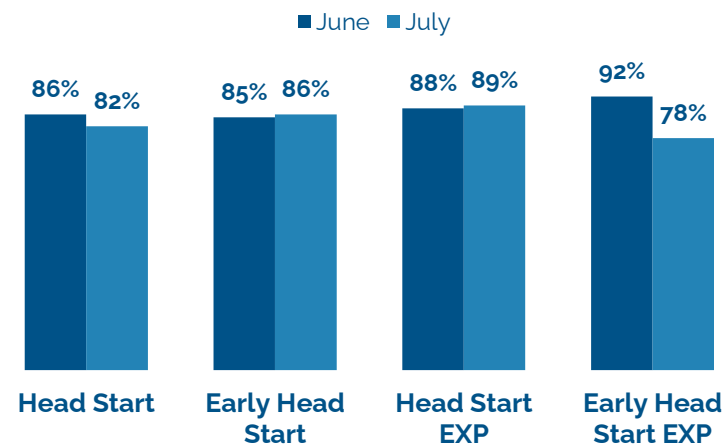
Children Affected by Site Closures



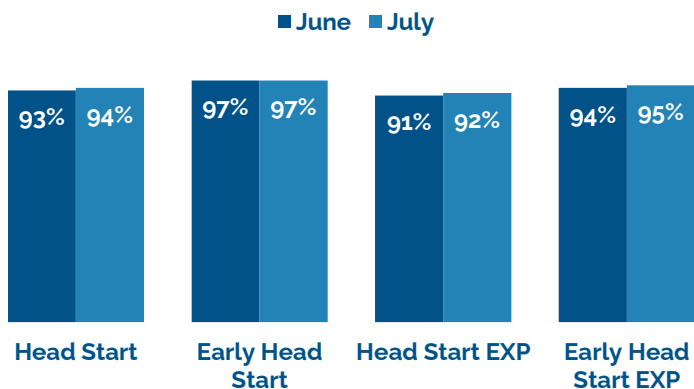
Actual Enrollment



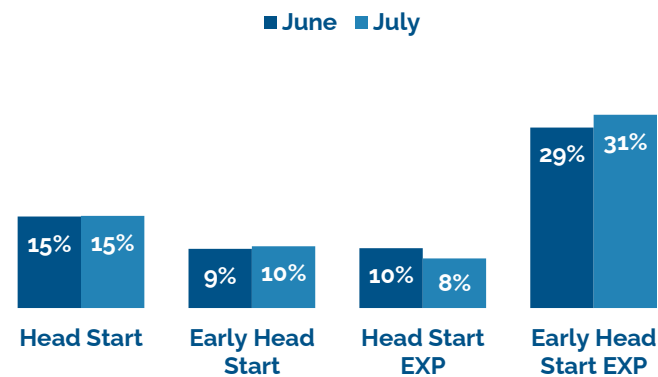
Average Daily Attendance



Income Eligible Enrollment



Disabilities Enrollment



Family Well-Being

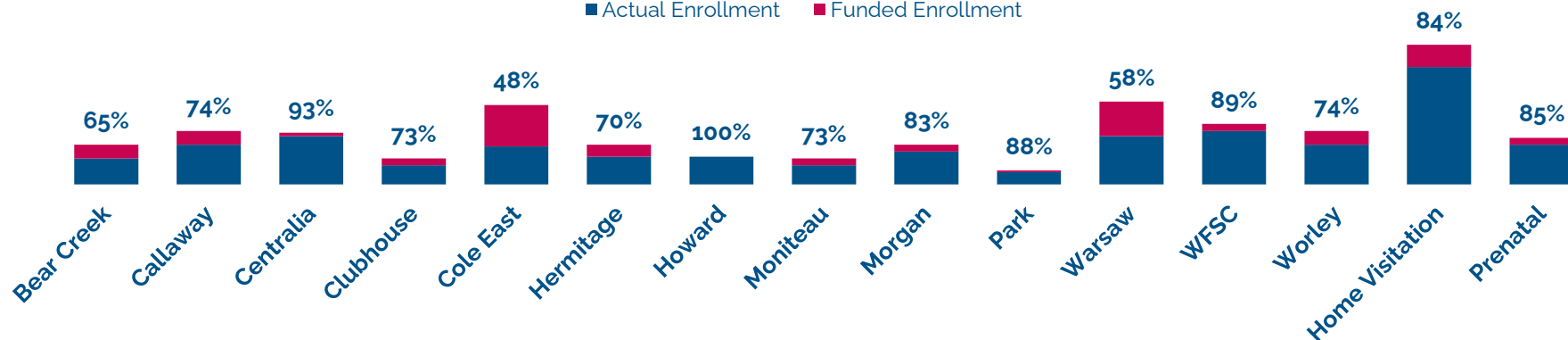
Head Start Enrollment & Attendance by Site

June 2023

Actual Enrollment by Site

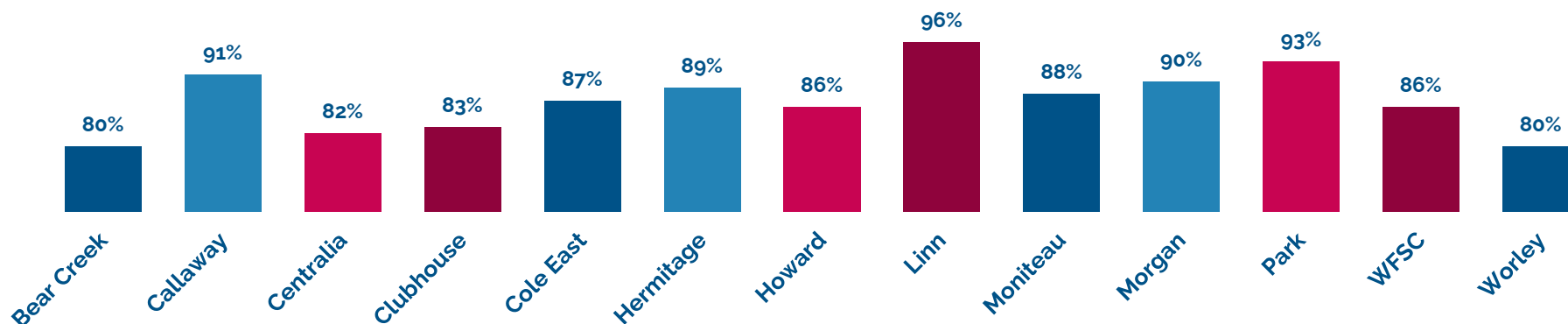
as a Percentage of Funded Enrollment

■ Actual Enrollment ■ Funded Enrollment



Average Daily Attendance by Site

as a Percentage of Actual Enrollment



Note: CELN, Community R-6, Glasgow, and Park Preschool are Part-Year programs that were closed during the month of June.

Head Start Report requiring Board & Policy Council approval



Family Well-Being

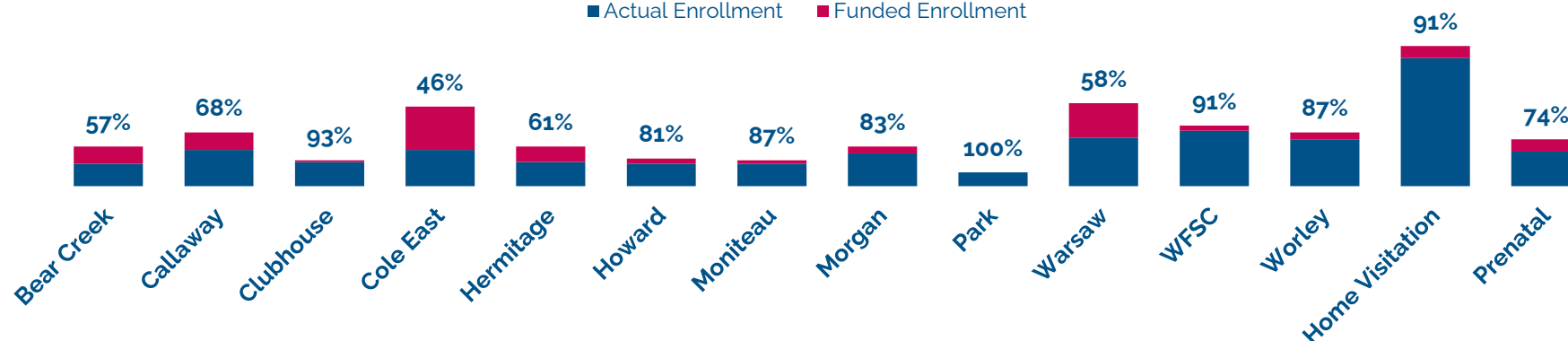
Head Start Enrollment & Attendance by Site

July 2023

Actual Enrollment by Site

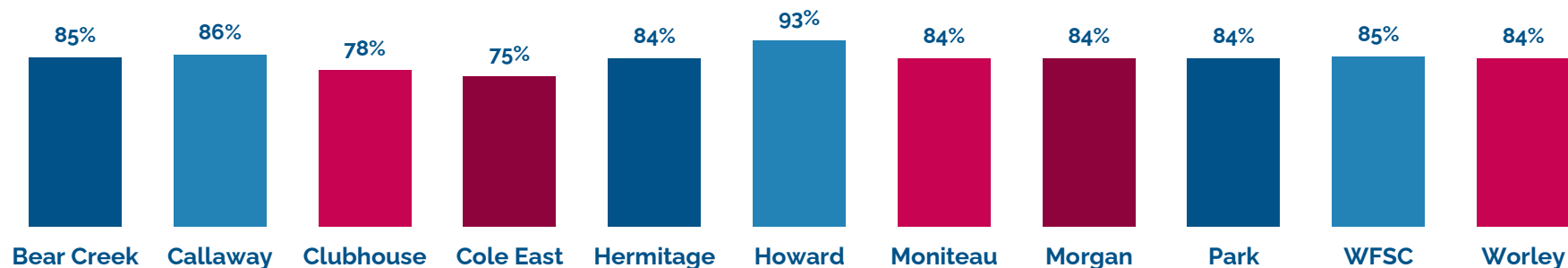
as a Percentage of Funded Enrollment

■ Actual Enrollment ■ Funded Enrollment



Average Daily Attendance by Site

as a Percentage of Actual Enrollment



Note: CELN, Centralia, Community R-6, Glasgow, Linn, and Park Preschool are Part-Year programs that were closed during the month of July.

Head Start Report requiring Board & Policy Council approval

Family Well-Being

Head Start Classroom Snapshot

June 2023



1

Child with new potential
**Social & Emotional
Concerns**



46

Behavior Reports
for Classroom Behaviors



32

**Active Head Start
Staff Vacancies**
All HS Positions



17

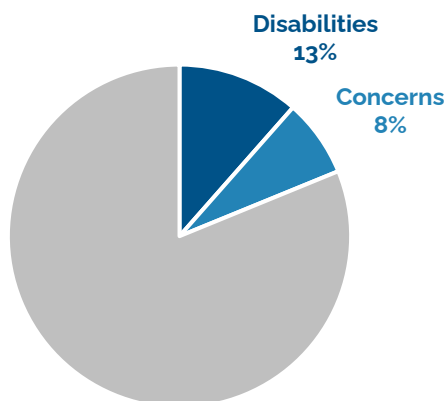
Staff Coaching Hours
on Education &
Mental Health Topics



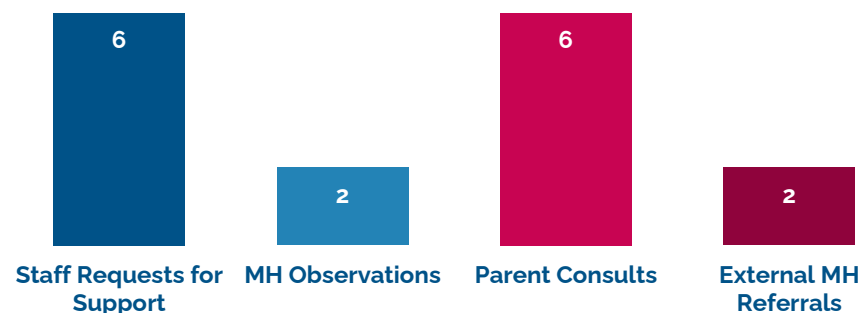
32

Families participating in
Parenting Curriculum

Classroom Children with Disabilities & Disabilities Concerns



Classroom Mental Health Supports



Family Well-Being

Head Start Classroom Snapshot

July 2023



17

Behavior Reports
for Classroom Behaviors



32

**Active Head Start
Staff Vacancies**
All HS Positions



17

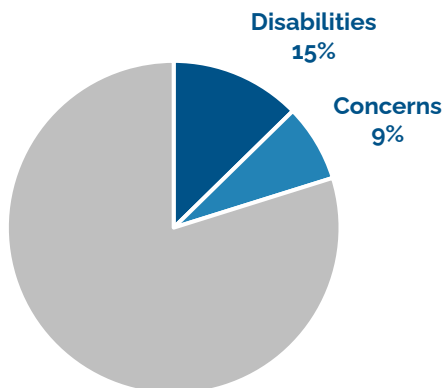
Staff Coaching Hours
on Education &
Mental Health Topics



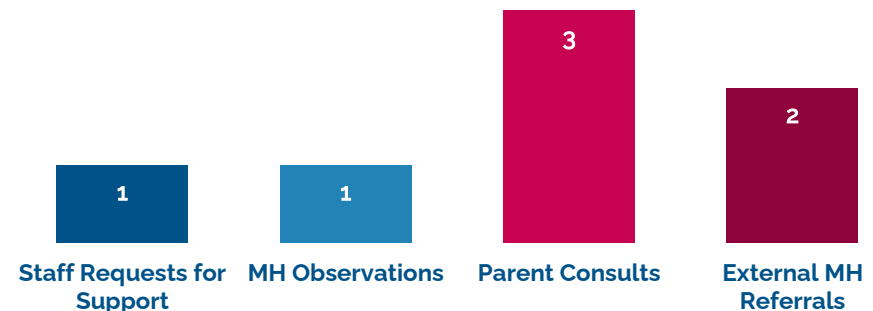
22

Families participating in
Parenting Curriculum

Classroom Children with Disabilities & Disabilities Concerns



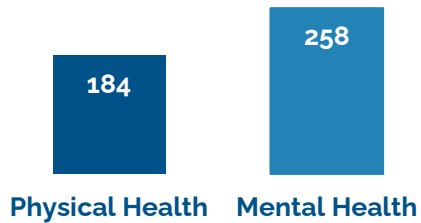
Classroom Mental Health Supports



Family Well-Being

Health & Wellness

People with Improved Health
October 2022 - Present

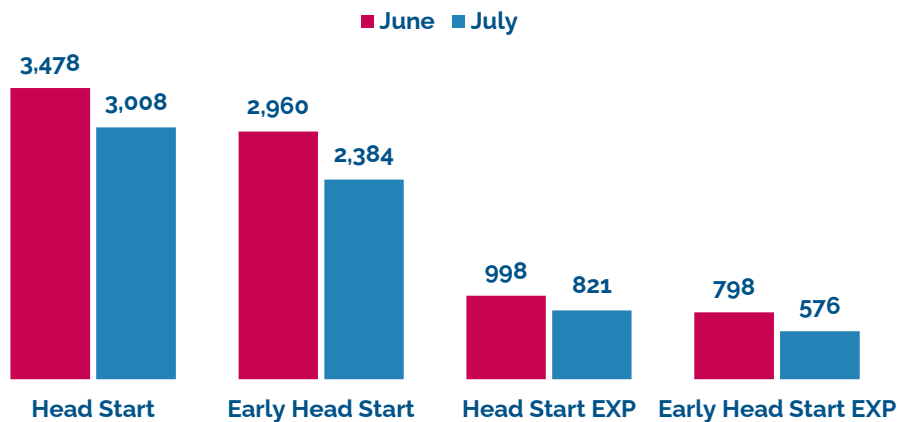


95%
Of children received
Health Screenings
July 2023

62
Children received
Follow-Up Medical or Dental Care
July 2023



Head Start Meals Served
(Determines CACFP Reimbursement)



Show Me Strong Communities

CMCA hosted the second round of community planning meetings through the Show Me Strong Communities initiative. The SMSC initiative is designed to guide community members and partner organizations through the process of developing Community Action Plans that address community needs identified through a series of data walks and community surveys earlier in the year.

SMSC Program Manager Kelley Lucero facilitated the latest round of meetings that focused on identifying partners and existing efforts within each county. CMCA also distributed partner surveys which garnered 153 results, not including Boone County. Responses from the community planning meetings and partner surveys will be combined to update CMCA's existing Resource Directory. Responses will also be used to create a publicly-available, interactive GIS Resource Map that will allow for better analysis of each county's distribution of resources and will help CMCA and its partners facilitate inter-agency referrals for members.

Below: Participants at the Audrain SMSC meeting.



Senior Programs

Foster Grandparents Program held a Senior Expo in Callaway County, as well as recruitment events in Mexico, Moberly & Boonville.

The RSVP program connected with the Cooper County Health Department and Jackson Road Medical Building to assist in finding clients who may need assistance through our Transportation and Companionship programs. Several possibilities are evolving. RSVP is also sponsoring a clothing/food drive this fall and is seeking donations of warm clothing.

RSVP Volunteer Spotlight



"I love the RSVP program because of the things I have been able to do through them. We mentored students at the high school, and we were asked to call bingo twice a week at the senior center. Rick and I also took part in a TV commercial for RSVP that was tons of fun and brought a lot of attention to the program. Senior citizens have much to offer to the community and being a part of this program is a way of reaching out to them."

~ RSVP Advisory Council Member
Kathy Loerzel

Poverty Simulations

CMCA partnered with the Columbia Public Schools Health Services Team to host a poverty simulation for their in-service day. Funded by a grant from the Missouri Department of Health & Senior Services, 55 school health professionals were able to simulate four 15 minute "weeks" as a person living in poverty. The group gained insight on what a month may look like for families living with a low income and how that may affect the families they work with on a daily basis. CMCA plans to conduct additional poverty simulations for public & school-based health professionals with additional funding through the grant.



Top: Participants sit in "family groups" as they prepare to begin the poverty simulation. They will role play four weeks in the lives of real Missourians facing poverty.



Left: Participants debrief at the recent poverty simulation at Columbia Public Schools. Debriefing helps participants reflect on their experience and how poverty affects the families they serve.

SHMR Expands Access to Classes

ShowMe Healthy Relationships is a University of Missouri program offered through various grantees state-wide. When another community action agency was no longer able to continue the SMHR program, CMCA was able to step up and help fill that gap. CMCA will take on additional staff and members from OACAC to help ensure that individuals are able to continue to benefit from the classes. This will double the number of participants that our program is able to serve.

SMHR has also been working to expand access to justice-involved individuals. Staff recently provided a presentation to 58 offenders in the pre-release program at the Women's Eastern Reception, Diagnostic & Correctional Center in Vandalia.



Project Homeless Connect

CMCA participated in the Boone County Project Homeless Connect, which served over 175 unsheltered people. The SMHR team provided 150 goodie bags filled with essential items at their resource booth.

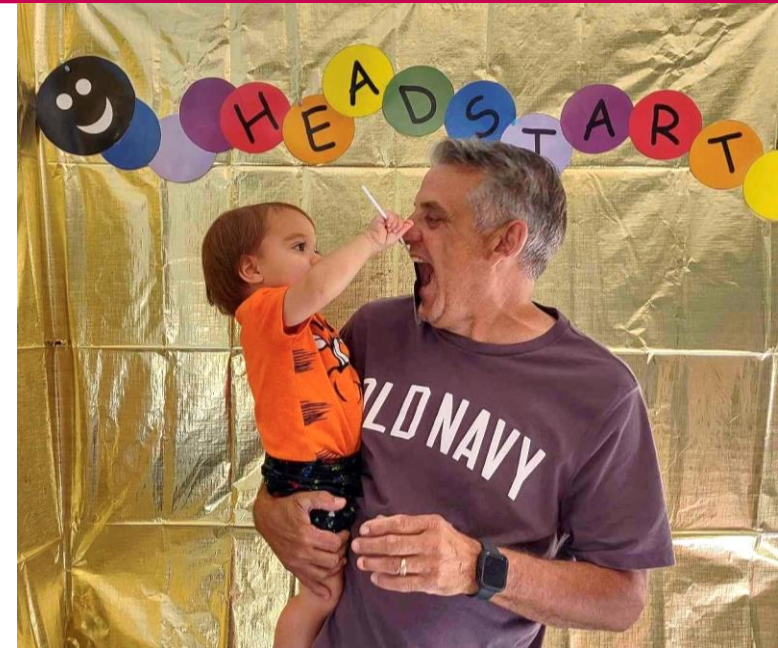
Attendees connected with groups from across the county and received medical services, haircuts, and applications/referrals for additional services.

ShowMe Healthy Relationships Success Story

"Thank you and the staff for being very helpful to me and the information you all shared. Nolanda, thank you for helping me with some big things that I didn't realize someone could help me with, I am forever grateful for that. Your patience and kindness really made me have hope again. Being a part of a group and community was the best part of this class. I am a single parent who is homeless and staying with whoever I can and having something that I was an actual part of and could count on being there every week was good. The fact that you guys did not give up on me made me feel very good."

~ SMHR Participant

Social Connections



Left and bottom: The gardens are ready! Children picked beans, shucked corn, and tasted the veggies they grew!

Top and right: Children and parents played with bubbles, ate watermelon, and had fun in the photo booth at the Morgan County Head Start Parent Event in July.