

Employee of the Month



Congratulations to Nolanda Dodd, ShowMe Healthy Relationships Program Manager, our Employee of the Month! Nolanda's nomination reads:

"I could nominate Nolanda every single month! Nolanda is the "poster child" for what makes CMCA great!

Nolanda exemplifies what this agency means to the clients and community we serve, each day, on or off the clock.

No matter what Nolanda may be going through in her personal life, she still manages to give 110%, every single day, to the agency, our program, but most importantly, the clients we are blessed to serve! ShowMe Healthy Relationships may seem like a small dot on the agency map, but she has ensured that our impact is large, lasting, and far-reaching. We recently had a client who was struggling to pay her utilities. That's a simple answer, refer her to LiHeap, right? Not when she struggles with mental health issues that leave her basically unable to leave her home. Nolanda went to her home, provided her with the emotional support she needed, and was able

to ensure she got connected to the necessary resources. This is one tiny example of how she goes the extra mile each and every day. She doesn't hesitate to give someone else a hand up, day or night, 365 days of the year. All while she aced her CCAP, is wrapping up her master's degree, dealing with her own personal issues, and, most importantly, rocking it as a mom, grammy, and friend!

When it comes to ShowMe Healthy Relationships, she guides our program to be successful through calm, positive leadership. She's made it a point to know her staff well, to know where we excel and where we may need a bit of help. She encourages excellence by being that example for us. We've had nearly 10 years of this amazing program that has impacted so many lives and, rest assured, it's all due to the hard work she does without hesitation or complaint. I will do anything I can to support her in her role as program manager because it's not just words for her, it's a way of life.

Nolanda also goes the extra mile to serve the agency, serving as MOCAN president (AWESOME picnic last year and a day off for staff appreciation this year!!). She also helps lead/guide the staff Wellness Committee as well as the Safety Committee...

Hands down, the most deserving person I can think of as CMCA Employee of the Month!!"

CMCA Member Advisory Committee



CMCA has a long history of involving our members through involvement in program advisory boards, the Head Start Policy Council, and as low-income representatives on the CMCA Board of Directors.

We are excited to launch a new opportunity for member involvement through our CMCA Member Advisory Committee. Committee members are participants from multiple CMCA programs and will help guide agency planning and decision-making while growing their own leadership skills. We are so grateful for their expertise and commitment to help CMCA continue to improve our services.

Economic Stability

Agency Employment & Financial Coaching Outcomes October 2024-Present



50

Unemployed People
Placed in Jobs



13

People with an
**Increased Level
of Education**



67

People with
**Increased
Net Income**



55

People with
Increased Savings



30

People with
**IDA Matched
Savings**



37

People with
Reduced Debt



41

People with
**Improved Credit
Scores***



229

Non-energy related
**Crisis Requests
Fulfilled**

* Credit scores can be retrieved every 6 months.

Women's Business Center

September was a jam-packed month for MoWBC! On the funding front, we're excited to report that MoWBC received its FY 2025-26 funding following a period of federal uncertainty. This critical milestone brings much-needed stability and allows us to continue supporting women entrepreneurs in our region.

Planning continued in full swing for our upcoming Women Who Own It Awards, including the selection of this year's winners. Don't forget to grab your tickets for the event on November 6th!

We also kicked off planning for Global Entrepreneurship Week/National Women Entrepreneurship Day events, with a robust lineup of programming in the works. Highlights include inspiring speakers from across industries and an afternoon session focused on helping businesses prepare to take part in the 2026 World Cup. We're thrilled to share that MoWBC has been officially designated as the Central Missouri host for these events by the Global Entrepreneurship Network - mark your calendars for November 19th!



Our Executive Director, Jayme Prenger, had a busy and impactful month representing MoWBC. She attended the Governor's Conference in Branson, participated in the Greater Missouri Leadership Challenge in Kirksville, and traveled to Chicago with Capital Access Program Director Jamie Wallingford to give a joint presentation. Jayme wrapped up the month in Washington, D.C., where she attended the AWBC National Convention and was honored as a nominee for the Marsha Bailey Leadership Award. We're incredibly proud of her continued leadership and advocacy on behalf of women-owned businesses.

September also brought a heartwarming celebration: the 5-Year Anniversary of Raw Roots Turmeric, owned by client Ranjana Hans. The celebration took place on her farm, where she grows her turmeric, and was attended by community members, business leaders, and staff from MoWBC and CMCA. It was a powerful reminder of what perseverance and passion can achieve - congratulations to Ranjana on five incredible years of growth and success!

Ranjana Hans, owner of Raw Roots Turmeric, poses with Jayme Prenger and Representative John Martin.



Economic Stability

Agency Employment & Financial Coaching Outcomes October 2024-Present



28

New Businesses
Started



49

New Full-Time &
22 Part-Time
Jobs Created
through small business



\$393K

Small business
Capital Infusions



1

Small business
Microloans



\$25.8K

Gross Sales
The Shops at Sharp End



1,720

Items Sold
The Shops at Sharp End



575

Total Customers
The Shops at Sharp End

Capital Access Program

Capital Access Program Manager Jamie Wallingford and WBC Director Jayme Prenger attended the Financial Opportunity Center® LISC Conference in Chicago, where LISC celebrated its 20th Anniversary. Jamie was invited by LISC to co-present a session that highlighted how our WBC BDO integrates the FOC's Make Me Bankable Program to build both strong personal financial foundations and thriving businesses. The session demonstrated how BDOs and FOCs across the country can replicate this model.

Jamie also had the opportunity to speak directly with LISC's General Motors Funder, sharing gratitude for their support and emphasizing how their funding enables us to track data, measure our greatest impact areas, and identify opportunities to increase our actions for even stronger results.

We are thrilled to announce that our Child Care Business Cohort has partnered with MU Extension and is now in the enrollment process of becoming certified trainers on the Missouri Early Care and Education Connection Site. This resource will be accessible to Child Care Site Directors, facility owners, and staff across Missouri and count toward their required continuing education hours. Through this platform, we will deliver business financial literacy training to help shift the mindset from "overpriced babysitting" to building scalable, sustainable businesses. Training topics will include daily operations, financial management, marketing, and more. MU Extension has expressed great enthusiasm for this collaboration, and our community organizers, Kellie Pontius and Jenn Millard, have played a pivotal role in connecting the dots in our rural communities. We thank them for their dedication!

To close out the month, the Capital Access Program met with a local bank to explore integrating CAP into their business services to better support clients. Looking ahead, CAP is finalizing a new fiscal-year curriculum that will provide monthly financial workshops for members. Each month will offer two opportunities to participate - a virtual lunch-and-learn session and an evening in-person workshop. Keep an eye on our social media for upcoming workshop topics!



The Shops at Sharp End

We hosted our very first Social Media Pitch Competition, and the event was a resounding success. Out of 10 program participants, six stepped up to pitch their ideas on how social media can elevate their businesses both in the short term and for long-term growth. Each presentation was unique, engaging, and demonstrated the entrepreneurial drive of our participants. We are proud to say that everyone walked away a winner, and the excitement in the room was contagious as the community rallied behind these entrepreneurs.

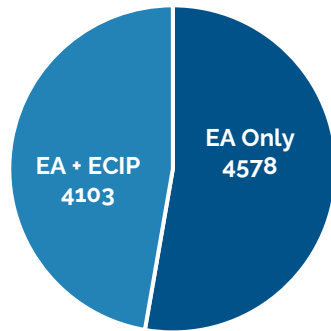
The results were inspiring: Steep & Bloom Tea earned first place with a thoughtful approach to building community through tea culture, while Clean by Alena secured second place with a strong vision for clean living and brand growth. Franky Karmen LLC took third place, showcasing creativity and brand presence, and MNA Clothing claimed fourth with a bold fashion-forward strategy. Aaron Fox Writes impressed with storytelling and came in fifth, while Fudge Brand rounded out the top six with a fun and flavorful plan. The event not only highlighted the diversity of businesses at TS@SE but also gave participants the confidence to push forward with new tools to expand their reach.



Economic Stability


Total Households Receiving Energy Assistance

October 2024-Present
Total: 8,809



Total Energy Assistance Applications Processed

Eligible	0
Ineligible	798
Direct Pay	88
Supplier Approved	4,490
Supplier Denials	32
Reapplications	574
ECIP Applications	5,982
Total Applications	10,213



\$1,488,123
Emergency/Crisis Energy Assistance*
October 2024 – Present

*This amount reflects ECIP payments & pledges only. Households must first receive EA to be eligible to receive ECIP.

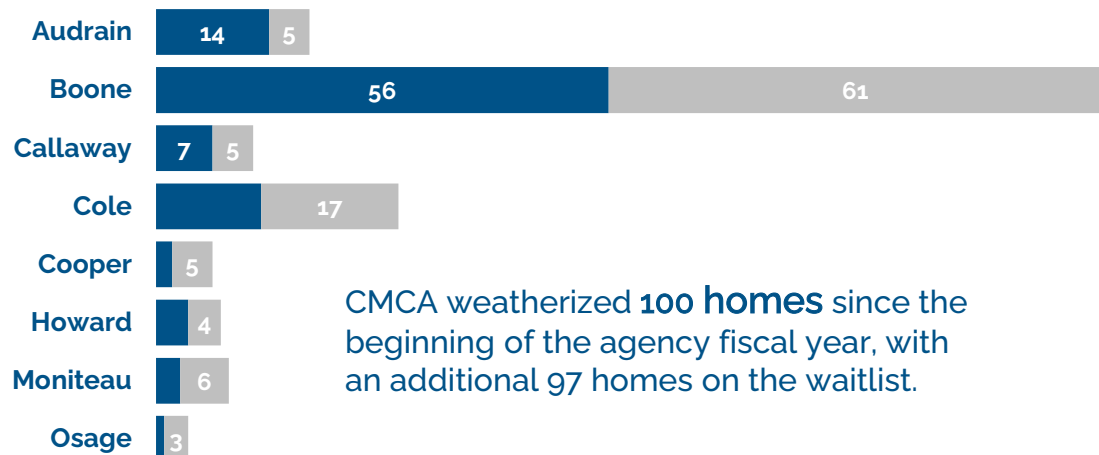


\$4,739

Average invested in each Weatherized Home
October 2024 - Present

Weatherized Homes

■ Homes Completed ■ Waitlist



CMCA weatherized **100 homes** since the beginning of the agency fiscal year, with an additional 97 homes on the waitlist.

Economic Stability



6 Tenants Paying Full Rent

Will graduate HCV after six months of paying full rent



297

Households on HCV Waitlist

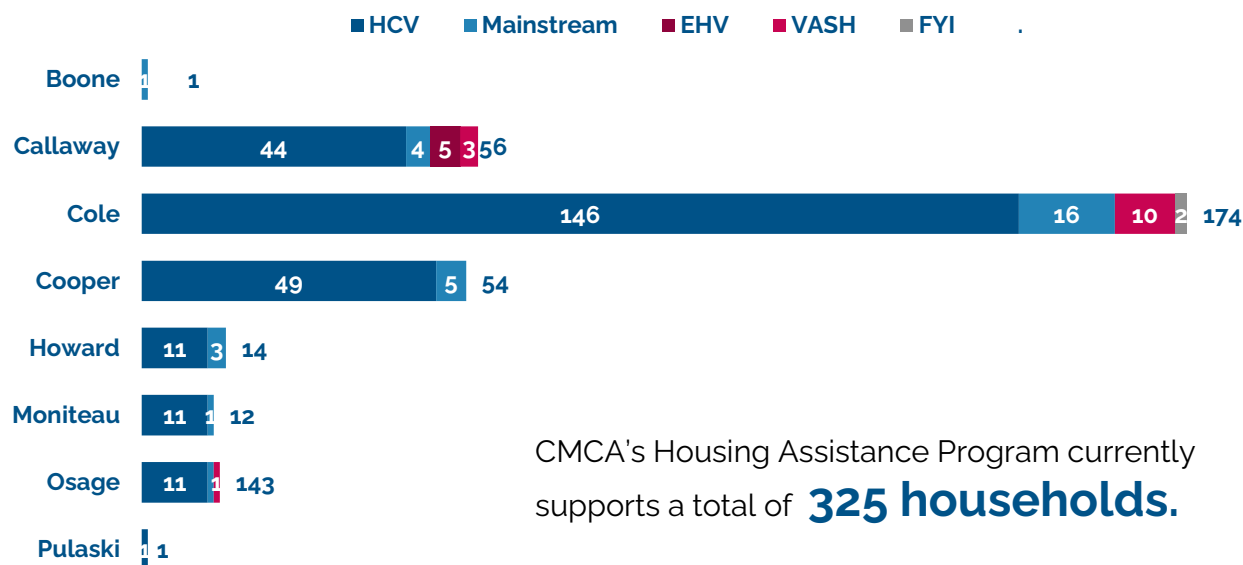
Housing Choice Voucher



39

Outstanding Housing Vouchers

Households Receiving Housing Assistance Payments



CMCA's Housing Assistance Program currently supports a total of **325 households**.

Strengthening Communities



Audrain County

Getting Ahead classes kicked off in September with 11 participants. CMCA is co-facilitating the classes alongside the Mexico Sustainability Project.

In collaboration with Commitment to Community, we are exploring the possibility of opening a Good Dads chapter in Audrain County. An informational meeting was held in early October.

CMCA partnered with Arthur Center, Uplift MidMo, ACSRC, and Mexico Housing Authority to host a landlord forum. The three landlords/property management companies that attended learned about HCV, Weatherization, and other programs that can help their tenants. There were several follow up questions about other services to support tenants, and all expressed interest in holding additional information sessions.

Here is this month's hidden code!
[Click the link](#) to submit the code.

This month's code is: *Fall*



Boone County

CMCA participated in the Mizzou Basic Needs Resource Fair, which was attended by about 150 students. Students expressed the most interest in Financial Opportunity Center® coaching, the Missouri Women's Business Center, and Healthcare Advocacy.



Callaway County

Excitement is building for the Harlem Wizards fundraiser! We recruited a number of community volunteers and a representative from Westminster College will act as coach. Several Callaway County Commissioners will act as referees.



Cooper & Howard Counties

The River of Life Church in Boonville hosted a "Still of Value" senior expo and invited Community Organizer Cheri Cherry to speak during the breakfast. The group had several questions about our resources, especially LIHEAP, and received information on nutrition resources and other area social service agencies.

Strengthening Communities



Moniteau & Osage Counties

CMCA's Osage County FRC welcomed two new staff members! Corretta James as our Family Success Coach and Paige Weed as a Home Base Visitor!

As a continuation of our work with Show Me Strong Communities, Aging Best hosted a Senior Connections event with about 50 people in attendance. The Missouri River Regional Library Osage Branch hosted a second Senior Connections event which drew approximately 70 people!



Our fifth annual Taste of Osage event showcased over 50 vendors this year. About 350 people attended and were able to shop from local businesses and learn about resources from area social services organizations.

In Moniteau County, Leadership Moniteau County kicked off classes for the third cohort with a launch party. Local childcare partners participated in a training day that helped them grow their early childhood knowledge, earn licensing clock hours, and learn CPR.



Early Childhood Updates

Our enrollment reduction request has been submitted, but the federal government shutdown will delay their response. In the meantime, we are continuing to recruit both staff and families for multiple centers. We were notified that CMCA will be a part of the Federal Monitoring cycle for the Focus Area 1 this year. We should receive a 45-day notice prior to the review.

BRIDGE hosted a series of virtual financial classes through ProsperU. Families learned about budgeting and how ProsperU can support their financial goals.

Glasgow Head Start had a blast at the FFA Barnyard Day, going on a hayride, seeing tractors, and meeting farm animals. Centralia Head Start decorated and rode in a float for the Homecoming Parade! The Williams Family Support Center kids played outdoors with visitors from the Mexico Military Academy.



Centralia
Head Start



Glasgow
Head Start




Family Well-Being



Family Well-Being

Head Start Enrollment & Attendance September 2025



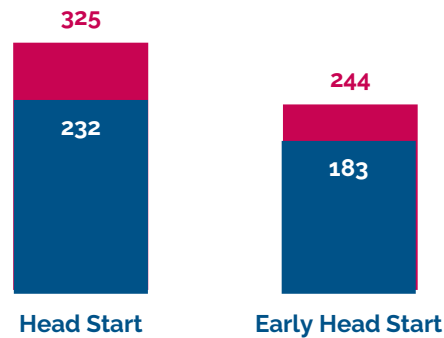
7
classroom
closures
Due to Staffing

82
Children
affected by
classroom closures

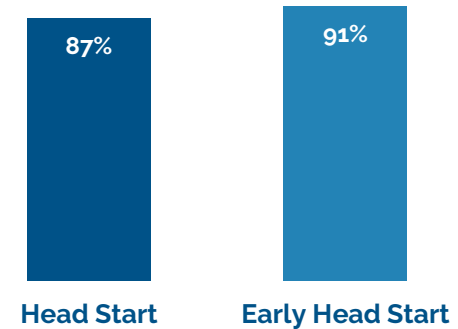


Actual Enrollment

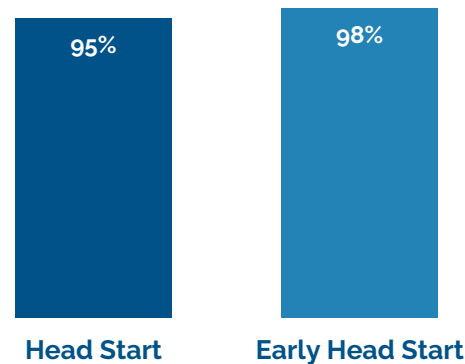
■ September ■ Target



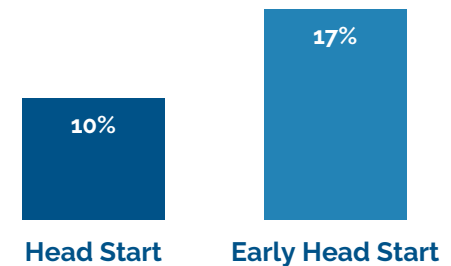
Average Daily Attendance



Income Eligible Enrollment



Disabilities Enrollment





Family Well-Being

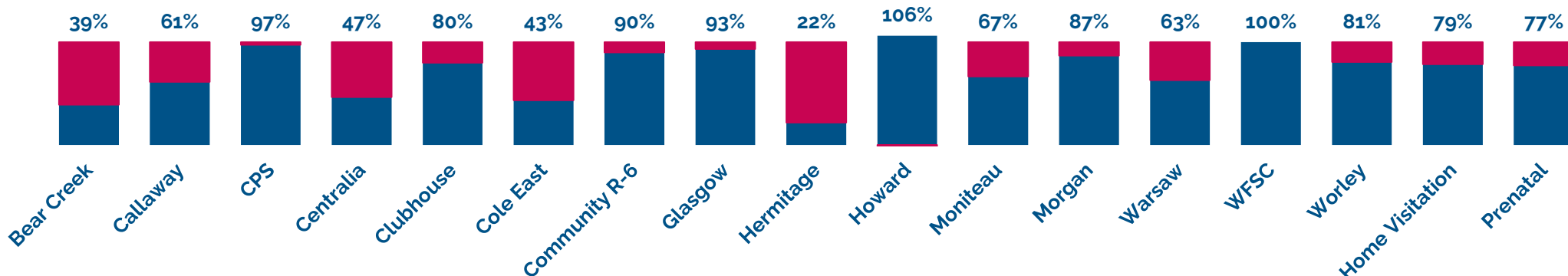
Head Start Enrollment & Attendance by Site

September 2025

End of Month Enrollment by Site

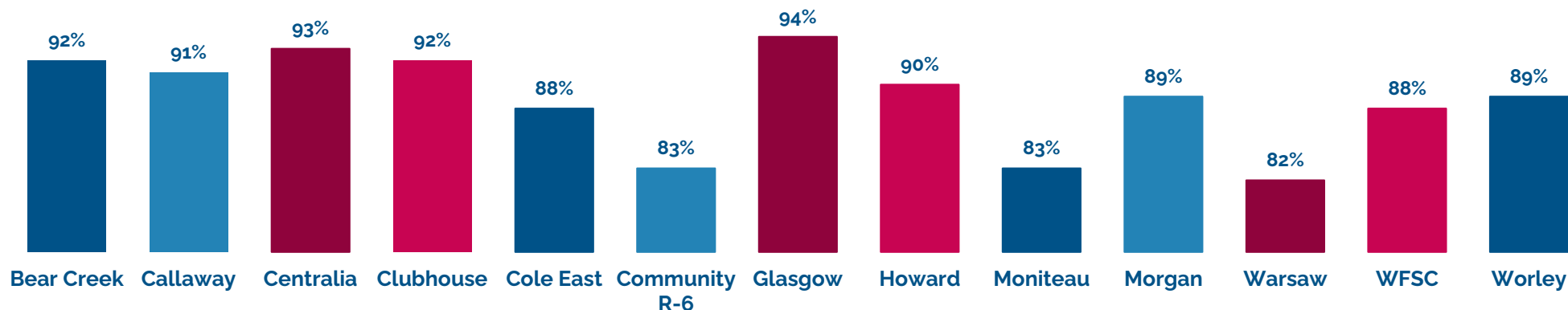
as a Percentage of Funded Enrollment

■ % of Funded enrollment ■ % Vacant



Average Daily Attendance by Site

as a Percentage of Actual Enrollment



Family Well-Being

Head Start Classroom Snapshot

September 2025



31

Behavior Reports
for Classroom Behaviors



12

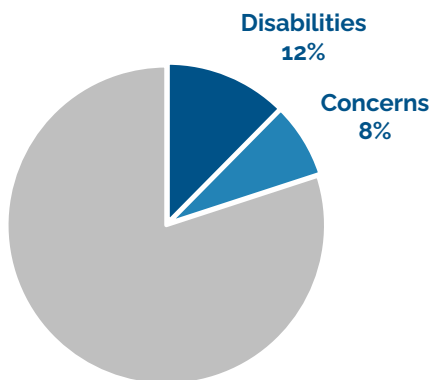
**Active Head Start
Staff Vacancies**
All HS Positions



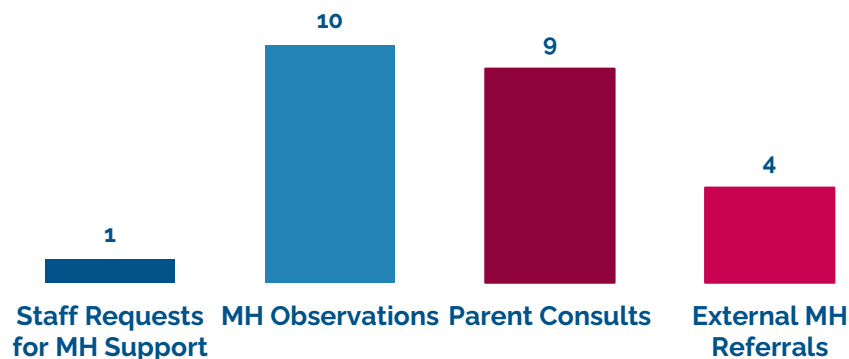
12

**Staff Receiving
Intensive Coaching**
on Education &
Mental Health Topics

Classroom Children with Disabilities & Disabilities Concerns



Classroom Mental Health Supports



Family Well-Being

Health & Wellness



177

Children received
Health Screenings
September 2025



0

Children received
**Follow-Up Medical
or Dental Care**
September 2025



337

Children up-to-date
Immunizations
September 2025



309

Children up-to-date on
Physical Exams
September 2025



125

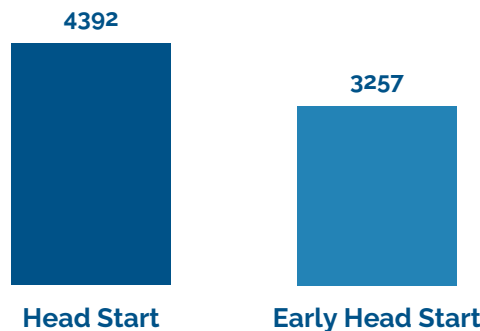
People obtained
Health Insurance
October 2024 - Present

77

People with
**Improved
Physical Health**
October 2024 - Present



Head Start Meals Served (Determines CACFP Reimbursement)



218

People with
**Improved
Mental Health**
October 2024 - Present

ShowMe Healthy Relationships

ShowMe Healthy Relationships received another five-year grant! Our program will look a little different this time, and we'll have more details to share in the coming months. As we complete training and finalize the new program structure, we'll also be reaching out to several CMCA staff to explore ways to collaborate and connect our services for members. Our current plan is to begin recruiting and offering classes in February, and we can't wait to see everyone in the new year as we kick off another exciting chapter of helping Missourians build stronger, healthier relationships.

“ I recommend this for anyone. I took it early in my recovery and it is part of the reason I have made it to almost my 3 yr sober mark. Communication is so important to someone that is dealing with recovery. This class helped me love myself and know how to deal with difficult situations that I would have blamed for leading me to use in the past. ”

~ SMHR Participant

Save the Date!



Thursday, November 6th
6pm-9pm
Kimball Ballroom, Stephens College

Individual tickets are ON SALE NOW for the 2025 Women Who Own It Awards! This inspiring event celebrates the incredible women entrepreneurs across Central Missouri who are building, leading, and making an impact in our communities.

Whether you're looking to be inspired, build relationships, or simply cheer on our amazing nominees, this is an evening you don't want to miss!

[Secure your ticket today](#) and join us for a night of celebration and connection on Thursday, November 6th, 6pm-9pm, at Kimball Ballroom, Stephen's College.



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at Williams Family
Support Center



